...WHEN SOMEONE YOU LOVE CAN’T COME HOME ........

WRITTEN AND ILLUSTRATED BY HELEN FITZGERALD

Author of:
The Grieving Child
The Mourning Handbook
and
The Grieving Teen

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DRAW A PICTURE OF YOUR FAMILY MEMBER WHO CAN'T COME HOME.
WHAT IS THIS PLACE CALLED THAT YOUR FAMILY MEMBER HAS TO STAY?
DRAW A PICTURE OR WRITE A STORY ABOUT WHAT YOU THINK IT’S LIKE.
HOW DID YOU FIND OUT THAT YOUR FAMILY MEMBER WAS GOING TO PRISON OR JAIL?

"...I have something to tell you......"

"I feel scared!"
WHAT WORRIES YOU OR SCARES YOU THE MOST?
WHAT HELPS YOU WHEN YOU ARE WORRIED OR SCARED?

HUGS... LOTS OF HUGS...
WHAT ARE SOME OTHER FEELINGS YOU HAVE WHEN YOUR LOVED ONE CAN’T COME HOME?

1. 

2. 

3. 

4. 

5. 

6. 

I LOVE YOU.

I WANT YOU HOME NOW!
PUT YOUR "FEELING" PICTURE HERE.
THINGS TO DO WHEN YOU GET MAD THAT WON’T GET YOU INTO MORE TROUBLE.

1. TEAR UP "OLD" MAGAZINES AND THROW THEM ABOUT.

2. CLEAN UP BY PLAYING "BASKETBALL" WITH THE TORN UP MAGAZINES.

3. THROW A NERF BALL AGAINST THE WALL.

4. DO A MAD DANCE.

5. DRAW A "MAD" PICTURE.

6. PUNCH YOUR MATTRESS.

7. COUNT TO TEN, SLOWLY AND LOUDLY.

8. YELL A KARATE YELL.

9. CLEAN YOUR ROOM.

10. BUILD SOMETHING OUT OF CLAY AND SLAM IT DOWN ON SOME PAPER ON THE FLOOR.

11. WRITE AN ANGRY LETTER.

12. FIND SOMEONE TO TALK TO.
WRITE A LETTER TO YOUR FAMILY MEMBER WHO CAN'T COME HOME AND ASK HIM/HER TO WRITE ONE TO YOU.

Dear...
DO YOU HAVE ANY QUESTIONS YOU WOULD LIKE TO ASK?

1. 

2. 

3. 

4. 

ARE YOU EVER COMING HOME?
WHAT SHOULD I TELL MY FRIENDS?
WILL YOU FORGET WHAT I LOOK LIKE?
WHAT'S IT LIKE IN THERE?
CAN YOU COME HOME FOR MY BIRTHDAY?
WILL YOU BE SENT SO FAR AWAY THAT I WON'T BE Able TO VISIT YOU?
DOES ANYBODY HURT YOU THERE?
WHO TAKES CARE OF AND LOVES YOU?

Draw your picture in the large circle in the middle of the page.

Fill the other circles with the names of people who love and care for you.
WHAT IS A GOOD OR A FUNNY MEMORY OF THIS PERSON WHO CAN’T COME HOME?
WORD FIND

THERE ARE TWO WORD FINDS IN THIS BOOK. ONE IS FOR YOU OLDER GUYS AND THE OTHER IS FOR YOUR YOUNGER BROTHER OR SISTER WHO MAY NEED SOME HELP FROM YOU.

AS YOU DO THE WORD FIND WRITE DOWN ANY OF THE WORDS YOU DON'T KNOW THE MEANING OF AND FIND AN ADULT WHO CAN EXPLAIN IT TO YOU.
WORD FIND

JAIL
HAPPY
OFFENSE
SAD
PAROLE
COP
COURT
JURY
LAW

PENITENTIARY
PAROLE
PRISON
MISS
POLICEMAN
VISIT
JUDGE
LAWYER
SCARED
WRITING A STORY

NOW YOU WILL BE WRITING A STORY ABOUT WHAT HAS HAPPENED TO YOU AND YOUR FAMILY.

HERE IS WHAT YOU CAN DO. ON THE NEXT PAGE, CUT ALL THE WORDS APART AND PUT THEM ON A PILE IN THE MIDDLE OF THE TABLE. TAKE A WORD AND IF IT GIVES YOU A THOUGHT, WRITE THAT THOUGHT DOWN. IF THAT WORD DOES NOT GIVE YOU A THOUGHT, PUT IT BACK INTO THE PILE AND TAKE ANOTHER. USE THE FOLLOWING PAGE FOR YOUR STORY OR POEM.
THIS PAGE IS FOR YOUR STORY OR POEM.

TITLE ________________________________________

______________________________________________

______________________________________________

______________________________________________

______________________________________________

______________________________________________

______________________________________________

______________________________________________

______________________________________________
WHAT IS IT LIKE FOR YOU TO VISIT YOUR FAMILY MEMBER IN JAIL?
DRAW A PICTURE OF YOU VISITING THERE.
WHAT IS THE BEST AND WORST PART OF VISITING?
WHAT DO YOU THINK YOUR FUTURE WILL BE LIKE?
WHAT ADVICE DO YOU HAVE FOR OTHER KIDS ON COPING WITH THIS?